



Program Overview: Journey Partners

“Walking the Path Together”

Journey Partners is a volunteer-driven program of Milford Advocacy for the Homeless (MAH) that connects trained, compassionate individuals with neighbors experiencing homelessness, housing insecurity, or crisis. Instead of “managing cases,” Journey Partners build relationships rooted in **dignity, compassion, and trust**, walking alongside participants as they navigate resources, work toward personal goals, and move toward stability.

This program reflects MAH’s guiding principles:

- **Passion** – Fueled with the desire to make a difference
 - **Service** – Sharing resources and support
 - **Humanity** – Treating everyone with dignity and respect
 - **Impact** – Join us to make a difference today
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Program Goals:

- Provide individualized, relationship-based support to help participants access resources and overcome barriers
 - Offer consistent encouragement, guidance, and practical help as participants pursue stability
 - Build trust and connection to reduce isolation and foster hope
 - Strengthen the network of community support through trained volunteers
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Core Activities:

- Pairing participants with trained Journey Partner volunteers
- Creating flexible, participant-led action plans based on personal priorities

- Weekly check-ins (in person, phone, or text) to provide support and encouragement
 - Assistance with navigating housing applications, ID recovery, transportation, employment resources, and healthcare connections
 - Facilitating connections to MAH programs and trusted community service providers
 - Ongoing training and support for volunteers in trauma-informed care, boundaries, and local resources
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Target Population:

- Individuals experiencing homelessness or at risk of losing housing
 - Individuals recently housed and seeking stability support
 - Neighbors facing crisis without a strong support system
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Program Outcomes:

- Increased access to essential services and resources
 - Improved emotional well-being and sense of support among participants
 - Strengthened community connections and resource awareness
 - Positive movement toward participant-identified goals
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