



Program Overview:

Second Wind Bicycles

"Pedaling Toward New Opportunities"

Second Wind Bicycles is a community-focused program of Milford Advocacy for the Homeless (MAH) that provides refurbished bicycles, helmets, locks, and basic safety gear to neighbors experiencing homelessness, housing insecurity, or economic hardship. Recognizing that transportation is often the bridge to employment, healthcare, and stability, this program gives a "second wind" to both donated bicycles and the people who receive them. Each bike becomes more than just transportation—it's a step toward independence, connection, and opportunity.

This program reflects MAH's guiding principles:

- **Passion** – Fueled with the desire to make a difference
 - **Service** – Sharing resources and support
 - **Humanity** – Treating everyone with dignity and respect
 - **Impact** – Join us to make a difference today
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Program Goals:

- Provide safe, reliable bicycles to individuals without access to affordable transportation
 - Support participants in accessing employment, education, healthcare, and community services
 - Encourage independence and improved quality of life through increased mobility
 - Extend the life of donated bicycles, promoting sustainability and environmental care
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Core Activities:

- Collecting donated bicycles from community members, bike shops, and organizations
- Repairing and refurbishing bicycles to ensure safety and reliability
- Matching bicycles with individuals based on their transportation needs
- Offering occasional maintenance days for tune-ups and minor repairs
- Partnering with local bike mechanics and volunteers for repairs and safety checks

Target Population:

- Individuals experiencing homelessness or housing insecurity
- Low-income neighbors without access to reliable transportation
- Recently housed individuals seeking mobility to support stability
- Community members in crisis needing a transportation bridge

Program Outcomes:

- Increased access to employment, education, and essential services
- Reduced transportation barriers for vulnerable neighbors
- Enhanced personal independence and community engagement
- Sustainable reuse of bicycles, reducing waste and promoting environmental stewardship