

Hotlines for those who may need it ♥

Delaware Hope Line
833-9-HOPEDE or 833-946-7333
24/7 counseling, coaching, and support

Youth Crisis Support
1-800-969-HELP(4357)
24/7 support for children facing a behavioral health crisis

Crisis Intervention
Northern DE 800-652-2929 Southern DE 800-345-6785
Call for emergencies, in-person responses, urgent behavioral health situations

The Trevor Project
CALL 1-866-488-7286
TEXT "STAR" to 678-678
24/7 LGBTQ crisis hotline

Trans Lifeline
877-563-8880
Run for and by trans people
Monday-Friday, 10am-6pm



HOPE IS A PHONE CALL AWAY

The heat affects us both mentally and physically. We know it's hard to reach out when you're hurting. Find the strength to call and hope is just a phone call away.



FATHER'S DAY COMMUNITY DINNER

Our 2025 Father's Day Community Dinner, held in partnership with House of David, was a beautiful reminder of what happens when compassion and collaboration lead the way. Thanks to this powerful partnership, we served 200 nourishing meals to families and individuals in need:

- 104 Delivered with care
- 31 Shared in community during Dine-In
- 46 Picked up by families in need
- 19 Packaged with love for Takeout

To every volunteer who gave their time, and to every guest who joined us: thank you for making this event more than a meal; it was a celebration of dignity, connection, and the fathers and father figures in our community.

July 2025



BURKE & HERBERT BANK FOUNDATION GRANT

Milford Advocacy for the Homeless has received a \$6,000 grant from the Burke & Herbert Bank Foundation to support our Harvest Hub: Nutrition for All program! This funding will help us continue providing fresh meals, emergency food boxes, and Power Pak weekend bags, while moving us closer to launching nutrition education workshops for families in need. Incredible thanks to Burke & Herbert Bank and Kelly Stevenson for believing in our mission to nourish, uplift, and serve.



FAMILY CHALLENGE

Looking for a simple way to give back together? We're on the hunt for one awesome family (or friend group!) to pack 24 lunch bags for our neighbors each month!

Each bag contains a sandwich, cold icy water with a hydration packet, fruit cup or fresh with a snack - trail mix, chips, cookies, etc or granola bar.

Choose your monthly slot:
1st, 2nd, 3rd, or 4th Saturday or Sunday at 5:30 PM - just one day a month for 3 months or longer!

Deliver to Brandywine at 5:30 PM

WE ARE LOOKING FOR VOLUNTEERS:

Team Lead & 2 Volunteers- Blessing Box Team to help for 2 hours a week

We are building a team.



Milford Advocacy for the Homeless (MAH) understands that food insecurity can affect anyone, whether housed or unhoused, and that immediate access to food can make a real difference during a difficult season. That's why we created our Blessing Boxes, a short-term solution designed to help individuals get through an emergency situation. Each Blessing Box contains a week's worth of non-perishable food items and is prepared in our pantry with care. Boxes are then delivered to a pick-up location for the individual, or directly to their home if transportation is not available. This service is available to neighbors facing hardship, whether they are in stable housing or experiencing homelessness. The Blessing Boxes are not a long-term solution but are intended to provide up to four weeks of support while individuals work toward stability. For some, it's a bridge to their next paycheck. For others, it's a first step toward a long-term success plan.

To request a Blessing Box or learn more, visit:

https://milfordadvocacyforthehomeless.org/?page_id=6597

If you are in need of an emergency box, please call us at (302) 217-3106 and press Option #4

A WARM MEAL, A WARMER WELCOME

Imagine going through the day unsure of where your next meal will come from. For many of our neighbors, especially a working neighbor, who misses the hours of the local drop-in center, this is the reality. That's why we're calling for a soup kitchen in Milford on **Thursdays, Saturdays, and Sundays, from 5:30 PM to 6:30 PM in the fellowship hall of a local church.**

A simple meal served with kindness can be a lifeline. It's more than food, it's hope, connection, and dignity. Together, we can make this happen. If you can help with time, food, or resources, please reach out. Let's ensure no one in Milford goes hungry.



MEET THE DEBS

Shoutout to The Debutants – "The Debs"

Friendship that lasts a lifetime is a rare and beautiful thing. When one of their own lost her battle with cancer, these incredible ladies turned their grief into action, forming The Debutants – "The Debs" in her honor.

Every month, they show up for our neighbors, providing not just a meal but nourishment, hydration, and kindness—all out of their own generosity. Last night, when plans shifted, they didn't hesitate. Instead, they pivoted and brought their warm meals straight to the men sheltering in place at Avenue Church Men's Code Purple shelter.

Their dedication and love keep their friend's memory alive in the most meaningful way, through service and compassion. We are beyond grateful for their hearts and their mission.

Let's give The Debs a huge round of applause for the difference they're making. Hats off to Cheryl Deering, Diane Fleming, K. Ryan Brown, Gina Lobaccaro, Jane Towers, and their newest members – Wanda Witomski Fowler and Juanita Garey Melling.



Our Mission

MAH's mission is to enhance the daily lives of the homeless, ending food and housing insecurity and overcoming hardship by providing an advocacy of community resources and support.



Our Vision

A future where everyone has the peace of mind knowing that they have a place to sleep, enough food to fill their hunger, and heat to warm their body.



Our Values

Passion: Fueled with desire to make a difference.
Service: Sharing resources and support.
Humanity: Treating everyone with dignity & respect.
Impact: Empowering people to overcome hardship.

Please consider supporting us with a one-time or recurring donation by visiting:

<https://milfordadvocacyforthehomeless.aweb.page/home>

OUR NEWEST VOLUNTEERS

Sade' Truiett

OUR TEAM SPOTLIGHT



SADE TRUIETT

Introducing our newest Volunteer Coordinator, Sade' Truiett. She will be in charge of coordinator all the volunteers as they join us. Along with assisting the other team leads in building their teams.

We would like to welcome her with open arms. If you see her, give her a friendly MAH welcome!

EVENTS

7/10

Texas Roadhouse: Dine to Donate

Dine In and present flyer OR order TO-GO and present flyer
MAH will receive 10% of your total food purchases.

7/12

Summer Helping Hands Community Event

This is our quarterly FREE event, to help those in our community that are struggling to pay their bills and/or are experiencing homelessness. You decide if you are in need. No judgement. Come if you find yourself needing a helping hand.

8/1

Virtual Night of Knowledge

Join us for an inspiring evening to learn about Milford Advocacy for the Homeless (MAH) and the impact we have on our communities as we serve our neighbors in Delaware. Discover how you can make a difference by getting involved, sharing your talents, and supporting our mission.

8/16

Back To School Community Dinner

You're invited to join Milford Advocacy for the Homeless and House of David on Saturday, August 16th from Noon-2 PM for a warm, welcoming community meal filled with support, connection, and care. As the school year approaches, we're here to uplift families and individuals in need—because no one should face life's challenges alone. ❤️

PARTNER EVENTS

7/8

Food Bank: Training Program Open House – Newark

Interested in learning about the Food Bank of Delaware's career training programs in culinary arts and warehousing/logistics? Join us for an open house to learn more about the program and meet the team and current students!

7/21

Food Bank: Food Lion Feeds Hunger Relief Day at the Delaware State Fair

Bring 5 Food Lion brand boxed or canned goods to the Delaware State Fair on Monday, July 21 and receive one free gate admission!

Please consider supporting us with a one-time or recurring donation by visiting:
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